

# The Emerging Role of DOACs in *Stable* CAD and PAD

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# Disclosures

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## Grant Support/Drugs

- Daiichi-Sankyo

## Grant Support/Devices

- Edwards Lifesciences
- Medtronic
- CSI
- V-Wave Medical
- Abbott Vascular
- Boston Scientific
- Corvia
- Svelte

## Consulting/Advisory Boards

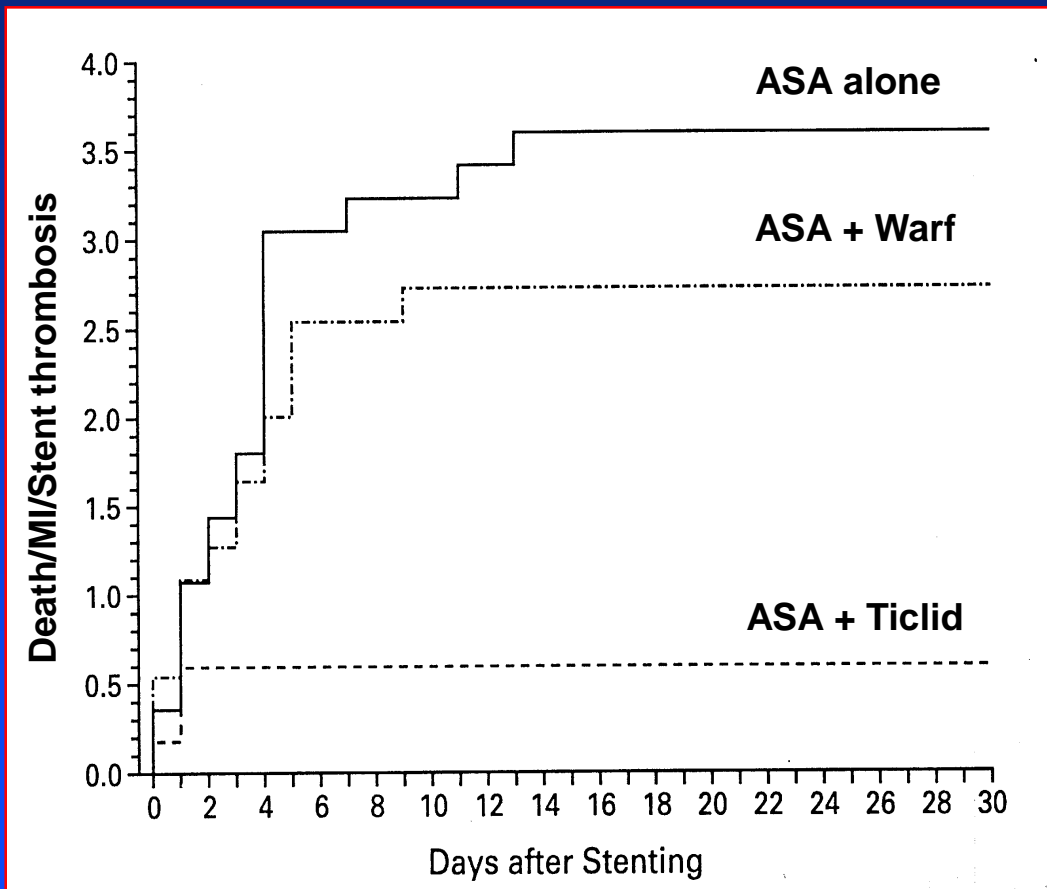
- Medtronic
- Janssen Pharmaceuticals
- Edwards Lifesciences
- Heartflow

# Rationale for Thrombin Inhibition

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- Despite aggressive secondary prevention, patients with atherosclerotic cardiovascular disease continue to experience recurrent events at a rate of 5-10%/year
- Previous studies have demonstrated that vitamin K antagonists, either alone or in combination with ASA can lead to modest further reductions in coronary event rates but with unacceptable increases in bleeding including ICH and fatal bleeding

# Coronary Stenting: Improved Outcomes with Improved Antiplatelet Therapy



## STARS Trial

- 1650 pts with “optimal” stent result
- Significant reduction in stent thrombosis with ASA + Ticlid ( $p=0.001$ )
- Possible benefit with warfarin as well

# Rationale for Thrombin Inhibition (2)

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- Recently, several direct acting oral anticoagulants have been introduced and have shown generally similar efficacy to warfarin for pts with thrombotic conditions (AF, DVT/PE) with an improved safety profile
- In the ATLAS/TIMI-51 trial, rivaroxaban (a direct factor Xa inhibitor) was shown to reduce major adverse cardiovascular events including CV mortality in patients with stabilized ACS
- The COMPASS trial was designed to determine whether rivaroxaban, either alone or in combination with low dose ASA, can provide greater protection from recurrent CV events in patients with stable CAD or PAD

Stable CAD or PAD  
(n=27,395)

## Study Flow

- Study planned to accrue 2200 primary outcome events
- At first interim look (50% of total events), DSMB recommended early termination of trial for overwhelming efficacy in RIVA + ASA arm
- Median treatment duration 23 months

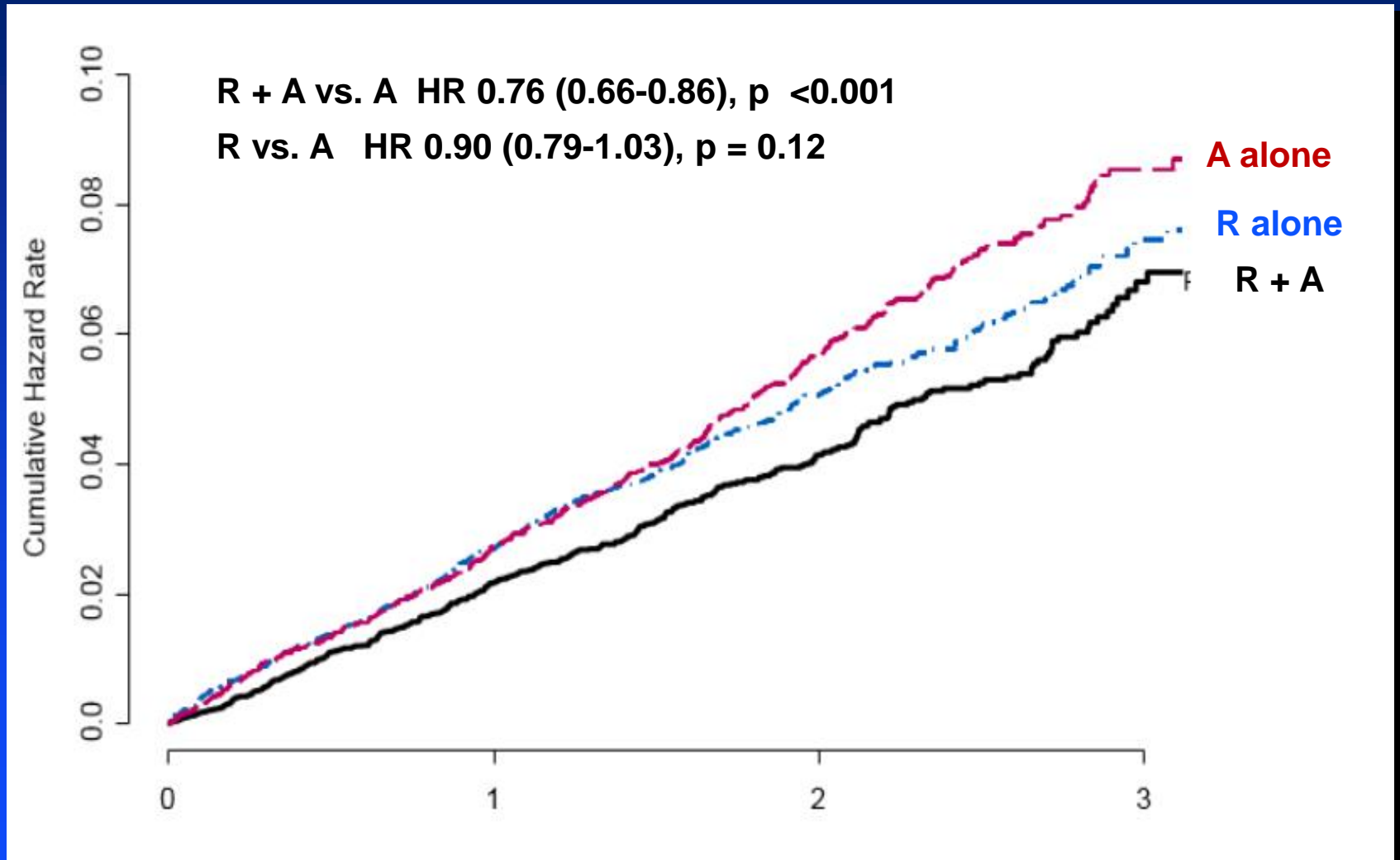
**Safety Endpoint:** ISTH major bleeding (similar to BARC 3)

# Patient Population

	<b>RIVA + ASA</b>	<b>RIVA</b>	<b>ASA</b>
Age	68 ± 8 yrs	68 ± 8 yrs	68 ± 8 yrs
Male sex	78%	78%	78%
H/O CAD	91%	91%	91%
H/O PAD	27%	27%	27%
Diabetes	38%	38%	38%
Smoking	21%	21%	22%
Prior MI	62%	62%	63%
Prior Stroke	4%	4%	4%

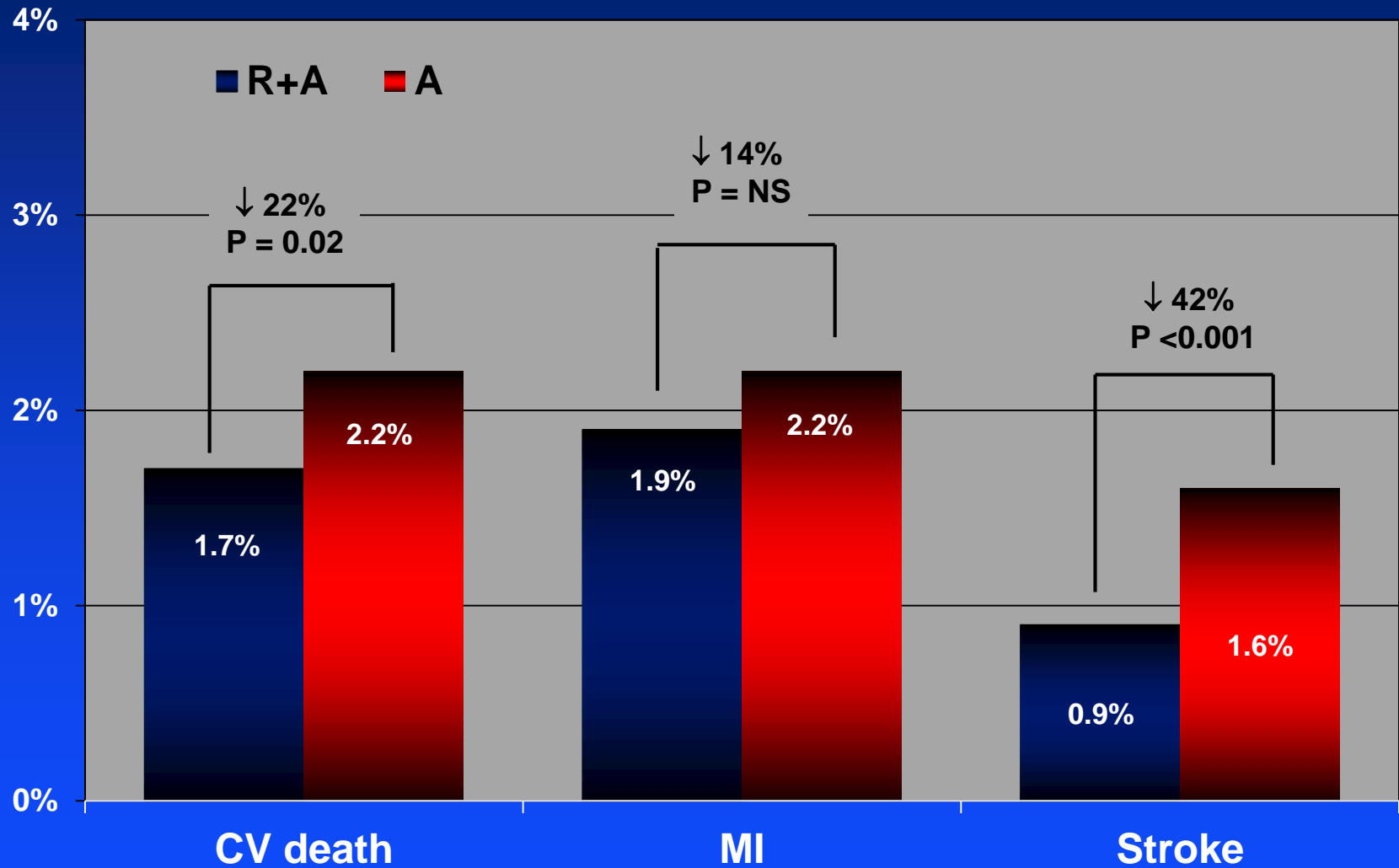
P = NS for all comparisons

# Primary Endpoint: CV Death, MI, Stroke

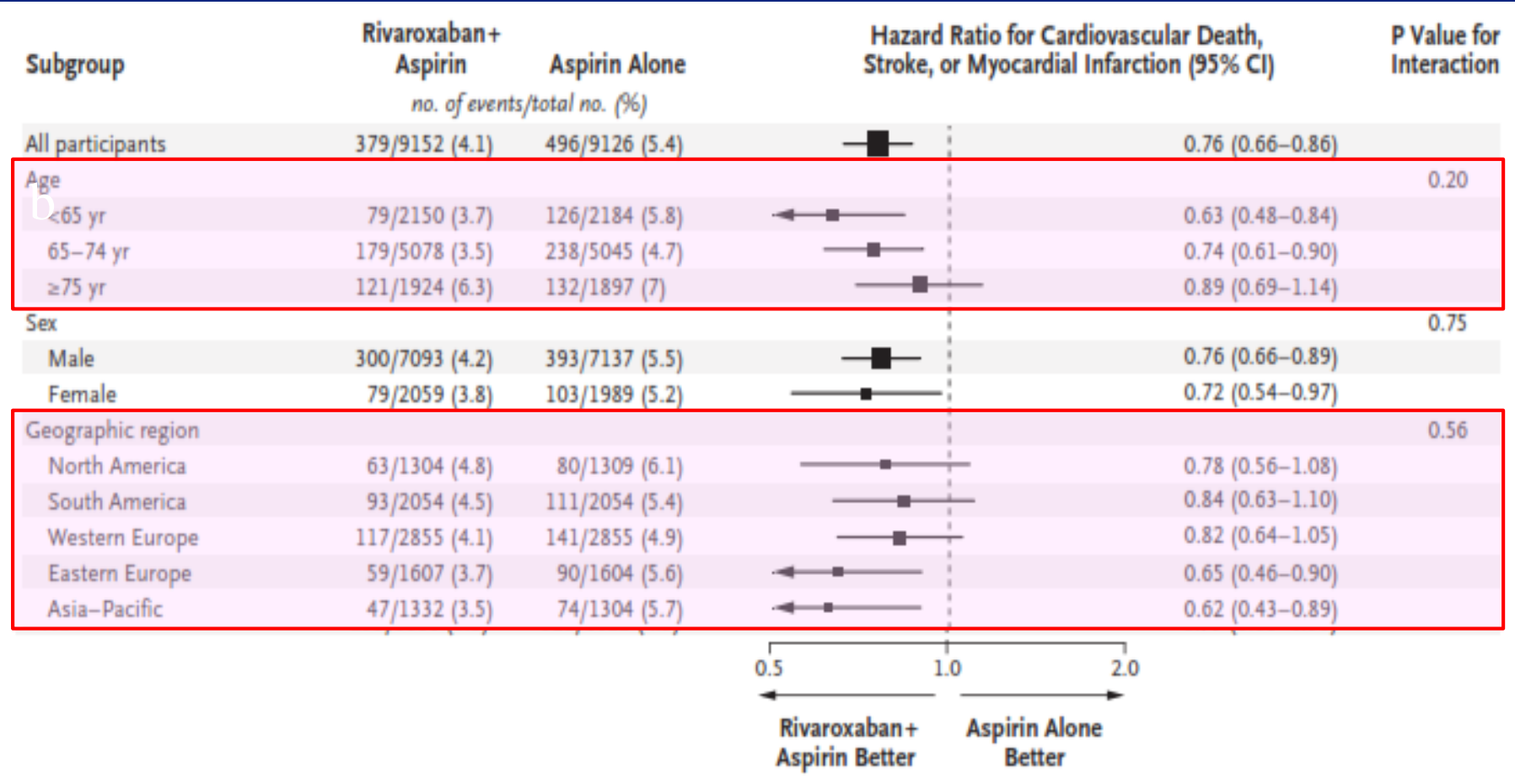




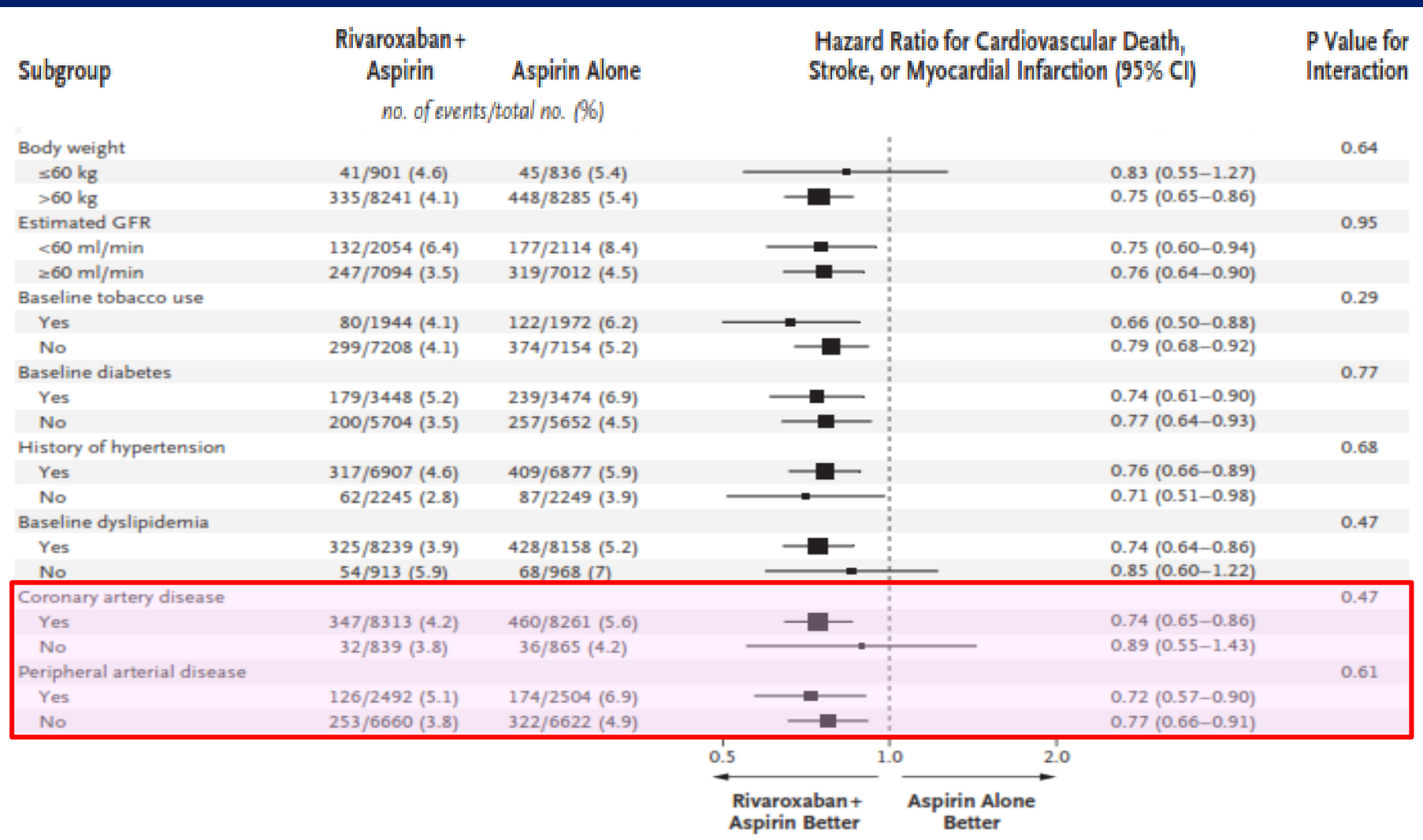
# Endpoint Components



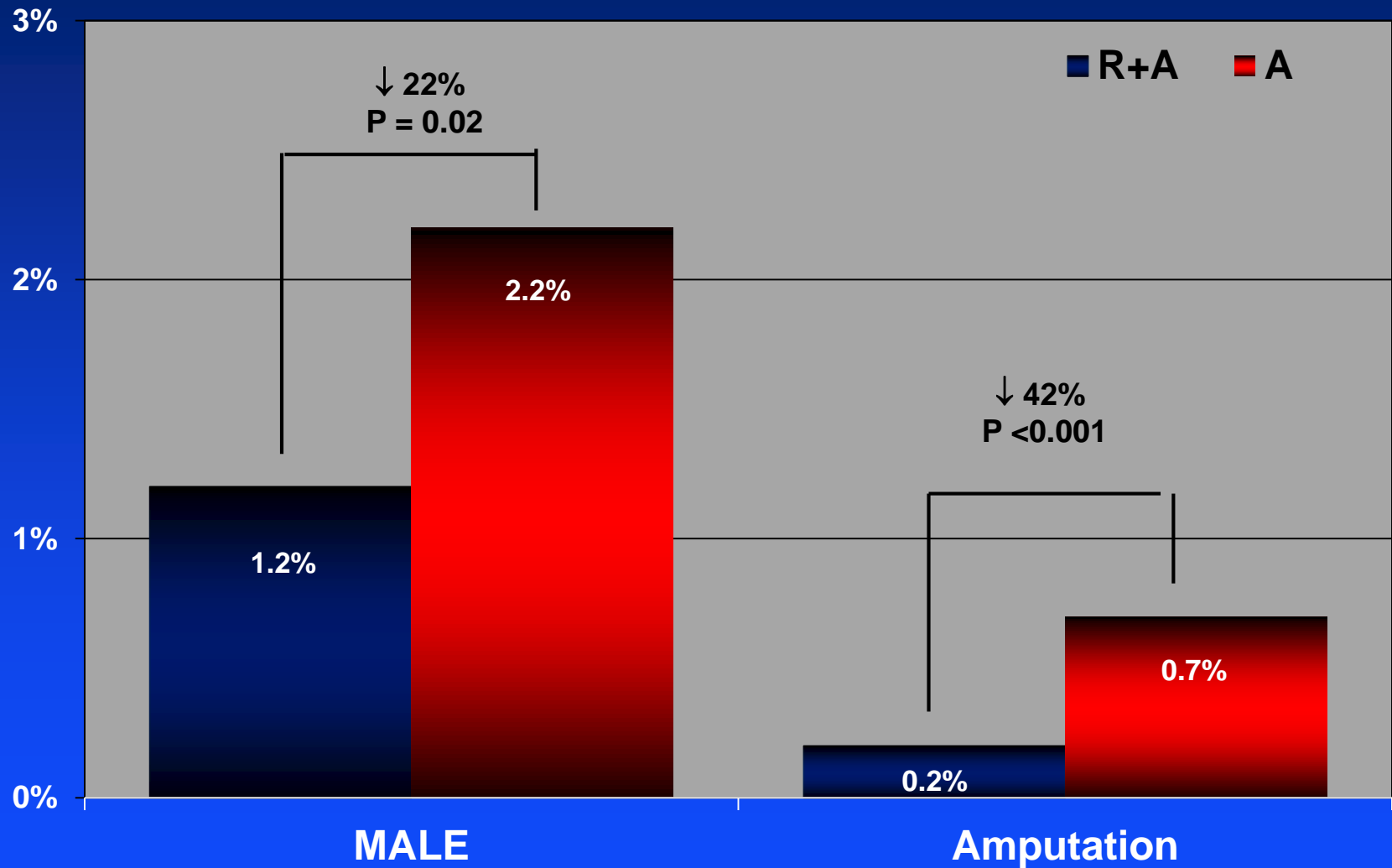
# Subgroup Analyses



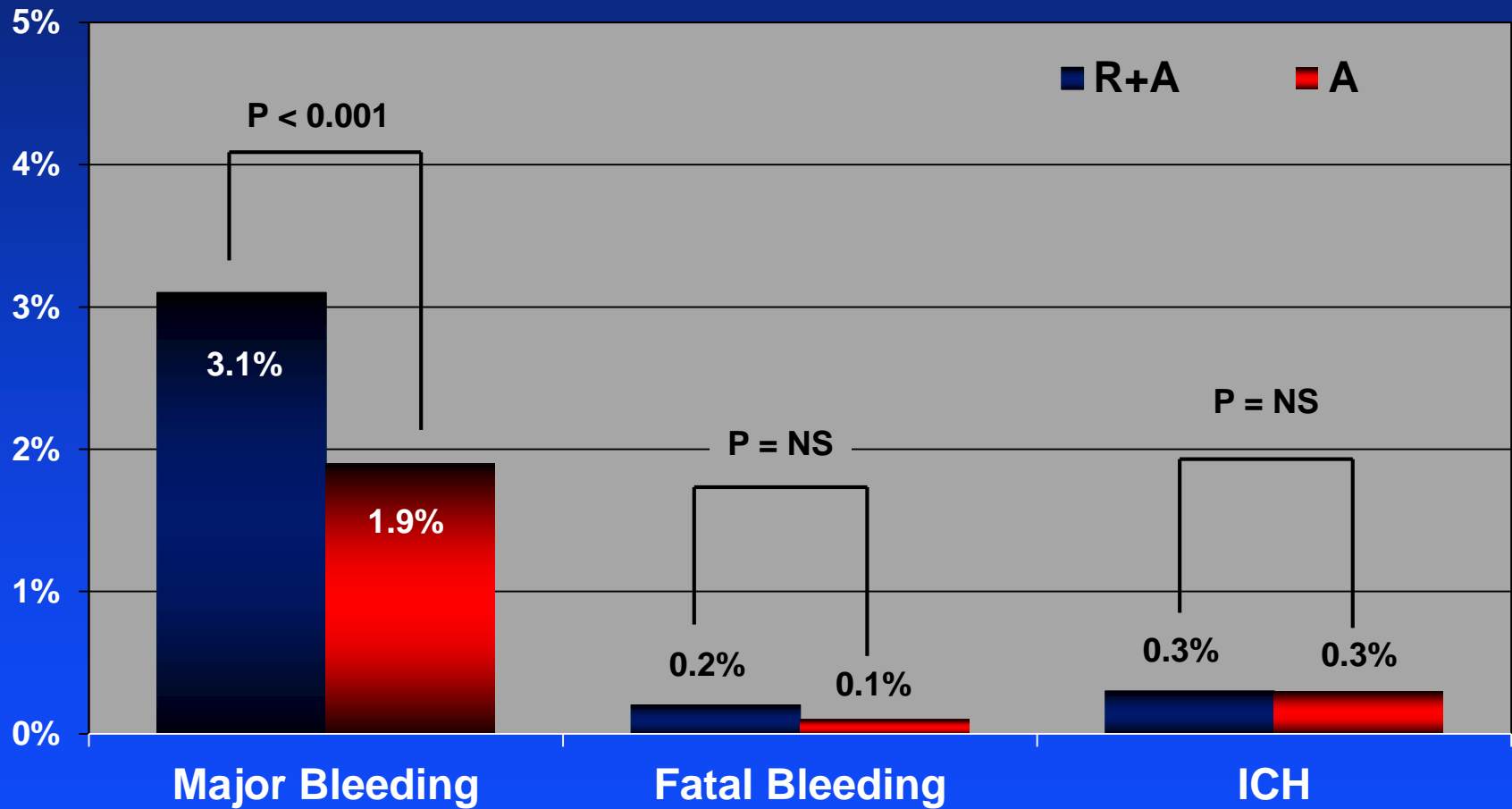
# Subgroup Analyses (cont)



# PAD Subset: Limb-Related Outcomes

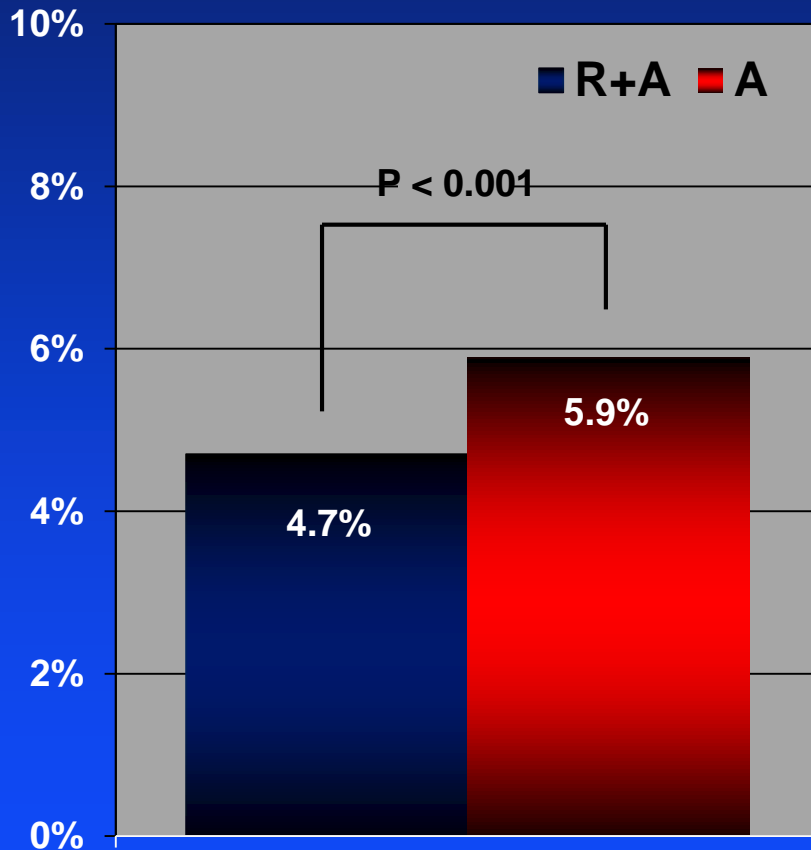


# Safety Endpoints

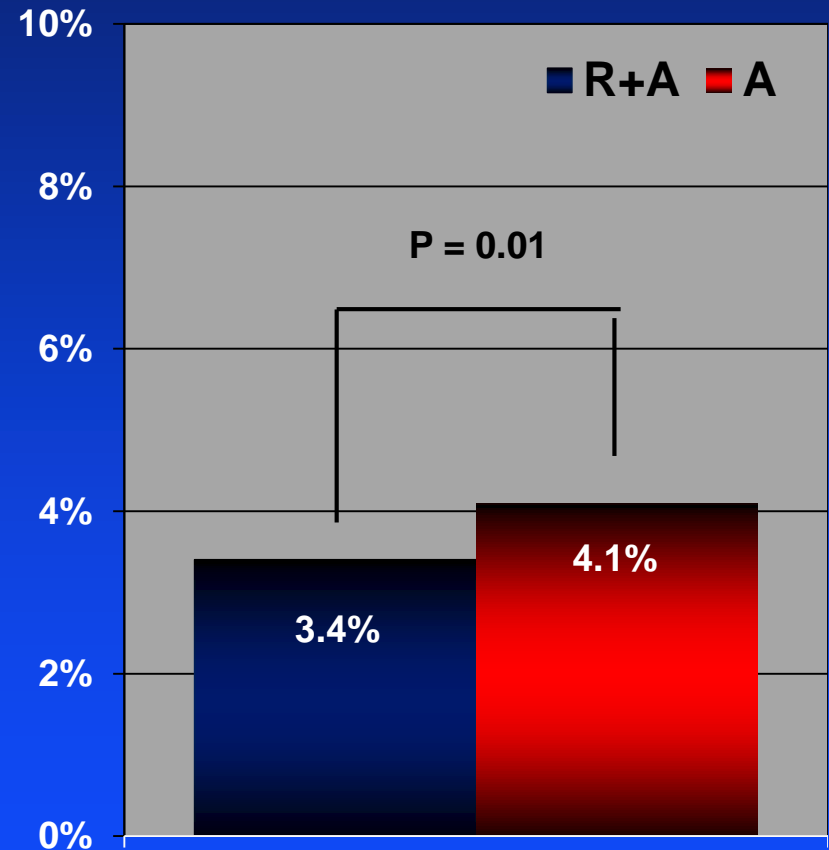


# Balance of Safety/Efficacy

Net Benefit\*



All Cause Mortality



Net Benefit Endpoint: Composite of CV death, MI, stroke, fatal bleeding, or bleeding into critical organ

# DOAC vs. P2Y12 Inhibition

Trial	Therapy*	CVD, MI, or Stroke	Bleeding	All-Cause Mort.	Net Benefit
CHARISMA (est. CVD)	Clopidogrel	↓	↑	↔	↔

\* All trials performed on background low-dose ASA

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PEGASUS (prior MI)	Ticagrelor	↓	↑	↔	↔
COMPASS (CAD/PAD)	RIVA	↓	↑	↓	↑

\* All trials performed on background low-dose ASA

# Should COMPASS Change Practice?

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- Among pts with established CAD or PAD, the addition of very low dose rivaroxaban (2.5 mg bid) to low dose ASA led to significant reductions in cardiovascular events, driven mainly by reductions in CV death and stroke
- Although bleeding risk was also increased, the majority of bleeding was non-fatal, and net benefit calculations continued to favor treatment
- When coupled with the significant reduction in all-cause mortality, these findings suggest the addition of rivaroxaban to low-dose ASA should be strongly considered for such patients— especially those with involvement of multiple vascular beds